

NC Department of Health and Human Services NC Division of Public Heath

## **Cannabis and Impaired Driving**

**Eric J. Sweden, EMT-P Forensic Tests for Alcohol Branch** 

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#### NC DHHS is the Agency Responsible for:

- Credentialing Chemical Analysts in breath and blood testing
- Training NC Law Enforcement in the detection and testing for impaired drivers
  - Standardized Field Sobriety Testing (<u>SFST</u>)
  - Advanced Roadside Impaired Driving Enforcement
  - Drug Evaluation and Classification Program
  - Oversight for the DWI Detection programs to include the Drug Evaluation and Classification Program which certifies Drug Recognition Experts
  - All programs are supported by National Highway Traffic Safety
    Administration and the International Association of Chief's of Police

## Cannabis/THC

- NIOSH/CDC says cannabis can impair coordination, distort perception and cause difficulty in problem solving, driving critical tasks <sup>1,2</sup>
- NIDA states THC can slow reaction times and reduce the ability of the driver to make decisions<sup>3</sup>

#### **Driver and Traffic Safety Concerns**

- Nationally
  - Between 2000-2018, percentage of car crash deaths involving cannabis have doubled from 4.8-10.3%
  - Between 4-6% increase in crashes attributed to cannabis as measured by insurance collision claims
  - Between 2007-2014, percentage of nighttime weekend drivers who tested positive for TCH increased from 8.6-12.6%
- NC
  - THC appeared in 49.8% of DWI Blood cases in in 2021

### **Detection of Impaired Driving**

- There is no BAC equivalent for THC
  - Roadside psychophysical tests are paramount for detection
  - Basic tests SFST are limited to one leg stand and walk and turn 8
  - Advanced training includes a finger to nose, modified Romberg balance test and a lack of convergence test 9
  - Roadside tests are simple and easy to administer by a trained officer
  - Tests have been validated to indicate impairment<sup>10</sup>
  - DWI research papers have been peer reviewed
  - Blood test is currently preferred method of testing for presence of cannabis

#### **Training Needs**

- Need for increased education and training of public and Law Enforcement to make North Carolina roadways safe.
  - Basic skills incorporated into Basic Law Enforcement Training 2023
  - Advanced skill set needed for recognition of drug impaired drivers
  - Increase number of DRE's across North Carolina
  - Increase number of DRE Instructors across North Carolina

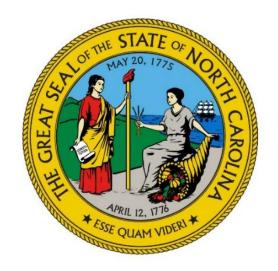












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#### **Contact Information**

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